

January 2012- Laurel Board of Trade Newsletter

Happy New Year!

On December 14th, 2011 at the Laurel Board of Trade Directors meeting the Directors voted for the 2012 Officers. At this time I would like to introduce to the you the Laurel Board of Trade 2012 Officers & Directors:

Chairman- Matthew Coates, Photography By Madison

President- Michelle Arsenault, Stitching Pretty

Vice President- Bernie Robison, PNC Bank

Treasurer- Jan Able, Retired from PNC Bank

Director's - Laurie Blitz, Laurie's Something Special Coffee - Lee Brangan, Patuxent Financial Group - Don Henyon, Retired Citizens National Bank (Life Member) - Marilyn Johnson, The Marilyn Johnson Sewing & Creative Fabric Studio - Sean LeVere, Latin Image Studio - Bob Mignon, Minuteman Press - Kriss Phipps - Deborah Randall, Venus Theatre - Marvin Rogers, Laurel Mill Playhouse - Joe Tredway, Tredway's/PG Office Supply - Kelly White, Revere Bank.

Friday & Saturday, January 13th & 14th, Tip A Cop at Longhorne Steakhouse- 4 - 10 p.m. The Laurel Police Department looks forward to serving you all while raising money for a wonderful cause, Maryland Special Olympics.

Sunday, January 15th, "Sing for King" City of Laurel Annual Tribute to Dr. Martin Luther King, Jr- 7:00 p.m. First Baptist Church Laurel, 15000 First Baptist Lane. Also as part of the Tribute, Mayor Moe and Council President Donna Cray believe that is important to reflect upon Dr. King's achievements and his goals for our future, noting that Dr. King's goals are as valid today as they were in the 60's, especially for the children. To honor Dr. King, City employees will place a wreath at the Peace Pole located in front of the Laurel Municipal Center on Friday, January 13, 2012 at 4:00 p.m. The public is invited to attend.

Sunday, January 15th, 1st Annual Military Appreciation Day - 7 p.m. - midnight. **Sullivan's Steak & Beverage Co.**, 9624 Fort Meade Rd., Laurel. All military personnel & veterans receive free draft beer while kegs last. Featuring DJ Cowboy & DJ Brian playing all the oldies and latest tunes, games & door prizes.

Thursday, January 19th, Crimes in Cyber Space- 7 p.m. Hosted by the West Laurel Civic Association and The Prince George's County Police (District 6) at the T. Howard Duckett Community Building, 16601 Supplee Lane. The Baltimore office of the Federal Bureau of Investigation will speak about crimes that are committed in cyber space and what you should do if you become a victim. With the internet, smart phones, etc. that are an integral part of our work and everyday lives these electronics come new opportunities for cyber criminals. For more information or questions please call Beth Evans at 301-490-5679.

Saturday & Sunday, January 21st & 22nd, It Was A Very Good Year - a Musical Tribute to Frank Sinatra Starring Tony Sands - Laurel Mill Playhouse - A special dinner and theatre bundle is available both days! \$40 per person includes dinner at Salute's Restaurant (next door to the theatre) and admission to the performance. Reservations are a must! Sinatra at LMP Menu includes homemade meat lasagna OR Penne with Vodka sauce, Salad, Dessert, Bread, Tea/coffee/soda. The \$40 includes tax and tip. For reservations or further information please contact Maureen Rogers at maureenrogers@gmail.com or 301-452-2557 or call 301-617-9906 and press 2. Performances run weekends from Saturday January 21, 2012 through Sunday January 22, 2012 with Friday and Saturday evening performances at 8 p.m. Tickets are \$15 for general admission. Admission for students (18 and under), active duty military and seniors (65 and over) is \$15. For reservations, please call 301-617-9906 and press 2. For further information visit the web site at www.laurelmillplayhouse.org or contact Maureen Rogers at maureenrogers@gmail.com or 301-452-2557.

Monday, January 23, 2012, City Recognition of Laurel's Businesses that have called the City of Laurel their home for at least 20 years or longer - Mayor Moe stated it is important to recognize local success stories and to thank local businesses for being in Laurel. It is his hope that this recognition will give encouragement to others who have chosen Laurel to do business. All businesses as described who have achieved 20 years of operation have been invited to be recognized in a brief ceremony at the Mayor and City Council meeting, Monday, January 23, 2012, 7 p.m. and will be held in the Council Chambers at the Laurel Municipal Center, 8103 Sandy Spring Rd.

BOLD LOVE a series of workshops, - 7 p.m. Venus Theatre, 19 C Street, Laurel.

Tuesday's, thru February 21st - *BOLD INK* - The more clearly the writer can see herself, the more clearly she understands her power. This workshop will encourage self-discovery through deep reflection as a means to get to the stories within.

Wednesday's thru February 22 - *STORYTELLERS* - The intention behind this workshop is to get writers inside of the story, out of their heads, on their feet and off of their laptops.

Thursday's thru February 23 - *BOLD RHYTHM* - Learn to play West African djembe through easy rhythm patterns that open the heart and leave everyone feeling successful.

Friday's thru February 24 - *BOLD MOVEMENT* - This class will be your time to tell your story without words through movement.

Monday, January 30th thru March 19 - *FINDING HOME* - Learn to be at home in your body through holistic nutrition, stress management techniques, and exploration of archetypes from Ayurveda, astrology, Chinese medicine, and more.

To register for the workshops please visit www.venustheatre.org or call deb@venustheatre.org.

Wednesday, January 25th, "Coffee & Cards" - 7:30 - 9 a.m., Hosted by the Laurel Board of Trade. Early morning Networking Opportunity! Come on out and meet other Laurel Board of Trade members over a cup of coffee and a danish. A great way to start your day with a "Good Morning" to old and new connections. This event will be held at The Laurel Board of Trade office, 342 Main Street. Free to all Laurel Board of Trade members.

Keith's Treats & Eats

14713 Baltimore Ave. #30

Laurel, MD

301-362-3624

Saturday's Sweet Potato Pancake Breakfast 10 a.m. - 2:00 p.m.

Check out their website for more healthy & exciting news, www.keithfoods.com

Rainbow Florist & Delectable's Inc.

370 Main St., Laurel, MD

301-725-4454

It might be cold outside, so bring the spring inside with beautiful tulips, iris, lilies, roses and more!

50% off Fresh Cut Flowers

Monday - Friday 9 a.m. - 5:30 p.m.

Saturday 9 a.m. - 4 p.m.

(Does not include greens or water tubes)

Walk in customers only! Cash & Carry, NO deliveries!

Isagenix International

Al Doong from Isagenix works in the health and wellness industry specializing in nutrition and pain management. If you know a person who is suffering from pain inflammation, has allergies or chronic breathing problems, please have them contact Al at gettinhealthy23@aol.com or 443-850-6859.

Neighborhood Acupuncture

345 Main St., Laurel, MD
301-604-0919

A New Year! A New You!

Help for: Stress Management, Pain Relief, Anxiety, Depression, Smoking Cessation, Back Pain, Insomnia, Addictions Control, Digestive Issues and much, much more! We also offer Therapeutic Massage: Deep Tissue, Swedish, Hot Stone, Aromatherapy, Raindrop Technique, Reflexology and Chair Massage. Stop by and ask about our 8 week "Pay What You Can" Smoking Cessation Program! www.myneighborhoodacupuncture.com.

The **First Sunday** of each month from 9 a.m. until noon the **Laurel Volunteer Fire Department Auxiliary** all you can eat breakfast!

Back on **Second Sunday** of each month beginning in November, from 8 a.m. - 11 a.m. the **American Legion Post 60** sponsored by the **American Legion Riders** all you can eat breakfast!



COUPON

Free Injury Screening

Use this coupon for one free 15-minute injury screening with one of our licensed physical therapists at any of our three locations. **Please call for an appointment.**

<p>Bowie 100 Whitmarsh Park Dr., Bowie, MD 20715, 301.262.5852</p>	<p>Laurel 13946 Baltimore Ave., Laurel, MD 20707, 301.498.2212</p>	<p>Severna Park 551-F Baltimore-Annapolis Blvd., Severna Park, MD 21146, 410.315.9080</p>
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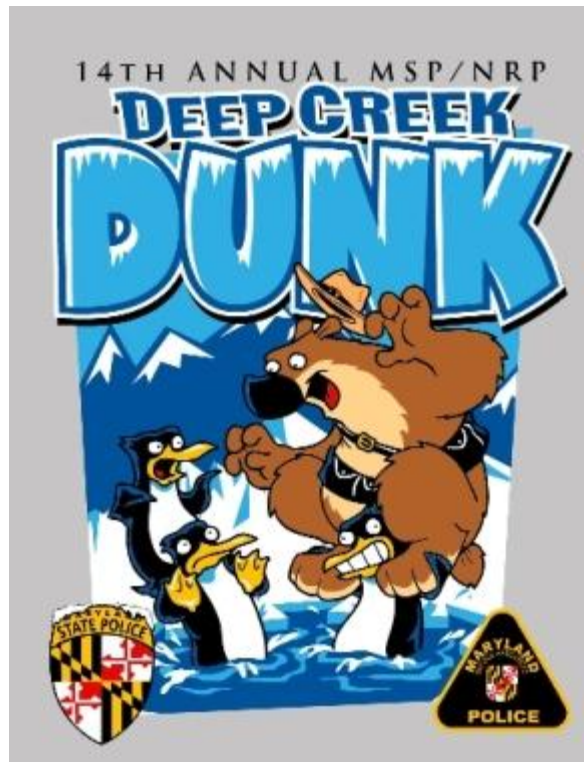
Maryland drivers can now ADD THREE EMERGENCY CONTACTS TO THEIR DRIVER'S LICENSE so police will know who to call if an accident occurs. The emergency contact information is stored electronically on an individual's driver's license and will be available only to authorized law enforcement personnel. You can go to the MVA's website at www.mva.maryland.gov and add your three emergency contacts in just a few minutes.

You will need your Driver's License Number to complete this process.

1. Go to the website: www.mva.maryland.gov
2. Go to "On-line Transactions" (upper left) & click on "More"
3. Click on "Emergency Contacts" (bottom of left column)
4. Follow prompts

Another note... Beginning January 1st, 2012, the MVA will no longer be sending out Driver's License renewal notices. It's your responsibility to keep track of when it's due for renewal. And be careful, if you miss your renewal date for over a year, you will have to take a driver's test again! Driving without a "valid" Driver's License is considered a MAJOR VIOLATION & could affect your insurance premium. FYI.... Your Driver's License renews on your birth date every 5 years!!! Check your driver's license....Is it time to renew??

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February 25, 2012

This is a great way to say "Thank You" to our Laurel Police Department for everything they do for us on a daily basis! Help our Laurel Officers that are braving the freezing water to reach their goal of \$15,000. for Maryland Special Olympics. Go to www.deepcreekdunk2012.kintera.org and click on Team FOB Laurel Lodge #11 to make your donation.

It Happened in January!

- Annapolis becomes the capital of Maryland, 1695
- Maryland Gazette founded - the oldest continuously published newspaper in the United States, 1727
- Mason-Dixon Line established as Maryland's northern boundary, 1767
- Maryland becomes the seventh state to ratify the U.S. Constitution, 1788
- Maryland donates land for the new capital, Washington, D.C., 1791
- British raid Havre de Grace during the War of 1812, 1813
- British burn Washington and bomb Fort McHenry; Francis Scott Key writes the "Star Spangled Banner", 1814
- Building Began on the C & C Canal and the B & O Railroad, 1828
- C & O Canal opened, 1829

- B & O Railroad established first passenger rail service, 1830
- Baltimore Sun begins publication, 1837
- World's first telegraph line between Baltimore and Washington established, 1844
- U.S. Naval Academy established in Annapolis, 1845
- John Hopkins University founded, 1876
- Enoch Pratt Free Library opens in Baltimore, 1886
- Downtown Baltimore destroyed by fire, 1904
- First Super Bowl held, January 15, 1967
- Gold was discovered in California, 1848
- The Vietnam War Ended, 1973
- Edgar Allan Poe's *The Raven* was published, 1845

The Laurel Board of Trade Newsletter is sent out around the 1st of each month. If you have something you would like to add to the newsletter, please send it to: The Laurel Board of Trade, 342 Main St, Laurel, MD 20707 or email grr1054@aol.com. Visit the Laurel Board of Trade website; www.laurelboardoftrade.net, the website is updated around the 15th of each month. If you have any questions, please call Gail Reinhardt at 301-483-0838.